NAME	INDEX NO	
SCHOOL	CANDIDATE'S SIGNATURE	
	DATE	

441 / 1 **HOME SCIENCE** PAPER 1 THEORY MARCH / APRIL 2015 TIME 2 ½ HOURS

KABONDO DIVISION JOINT EVALUATION TEST

Kenya Certificate of Secondary Education

INTRODUCTION TO CANDIDATES

- Write your name and index no in the spaces provided
- ii) Put your signature in the spaces provided above
- Write your answers in the spaces provide after every question iii)
- This paper consist of three section A,B and C iv)
- Answer all the questions in section A and B and any TWO from section C. v)

This paper consists of 5 printed pages. Candidates should check the question paper to ensure that all pages are printed as indicated and no questions are missing.

SECTION A (50MARKS)

SHORT ANSWER QUESTIONS:

Answer all the questions in this section

1.	State two function of the skin	(2mks)
2.	List two points to consider on the choice of cosmetics	(2mks)
3.	State two physical changes that take place in boys during adolescence	(2mks)
4.	List two basic instructions on use of medicines	(2mks)
5.	State two advantages of renting a house and two disadvantages of buying an althouse	ready build (4mks)
6.	State three general points to considered when buying kitchen equipment	(3mks)
7.	List three safety precautions to be taken when handing kitchen equipments	(3mks)
8.	State three causes of food poisoning	(3mks)

9.	State three reasons for cooking food	(3mks)
10.	List down the two main categories of cooking methods	(2mks)
11.	List two water soluble vitamins arid two fat soluble vitamins	(2mks)
12.	Differentiate between complete and incomplete proteins	(2mks)
13.	Define the term fiber	(1mk)
14.	List down the two main classification of fiber	(3mks)
15.		
16.		
17.		
18.	State the meaning of the following pattern symbols and marking	(3mks)
		(2)
19.	Give six methods used in disposing fullness	(3mks

20.	Define the tern consumer	(1mk)
21.	State two sources of consumer information	(2mks)
22.	List down two types of advertisements	(2mks
	SECTION B (20MARKS) QUESTION 23 IS COMPULSORY	
23.	A) Describe the correct procedure of washing and drying a nylon area	(10mks)
	B). Describe the correct procedure for cleaning white canvas shoes without shoe	elaces (10mks)
	SECTION C (50MARKS)	
	Answer any two questions from this section. Each question carries 25	mks)
24.	A). State and explain five factors to consider in meal planning	(10mks)
	b)Explain four points to consider when setting a table	(4mks)
	c). Explain six points to consider when planning and serving a meal for bed ridd	en invalid (6mks)
	d). Give five function of beverages	(5mks)
25.	A)/ State and explain three points to consider when choosing a sieving machine	(6mks)
	b). With clearly labeled diagram and notes , explain the working of a French seam	(13mks)
	c). State three qualities of a well made dart	(3mks)
	d). List down three types of interfacing	(3mks)
26.	a). Explain the difference between daily, weekly and periodical cleaning	(6mks)
	b) . Explain four measures to take in order to prevent malaria outbreaks	(4mks)
	c). Give reasons, state four qualities to consider when buying a clothe line	(4mks)

d). Sta	ate two uses of the following laundry agents	(6mks)
i.)l	Fabric conditioner	
ii)S	Starch	
iii)	Salt	
a)	Draw the cane label symbols that show the following	(5mks)
	i). Do not dry clean	
	ii). Dry flat on the ground\	
	iii). Do not bleach	
	iv)Washing in water of 50 °C	
	y)Iron with a hot iron.	

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441 / 3	
FOOD AND NUTRITION	
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FOOD AND NUTRITION PAPER 3 PRACTICAL MARCH / APRIL 2015 TIME 1 3/4 HOURS

KABONDO DIVISION JOINT EVALUATION TEST

Kenya Certificate of Secondary Education

HOMESCIENCE PAPER 3 PLANNING SESSION: 30MINUTES

PRACTICAL TEST SESSION: 1 3/4 HRS

INTRODUCTION TO CANDIDATES

- i) Write your name and index no in the spaces provided
- ii) Put your signature in the spaces provided above
- iii) You will be expected to keep to your order of work during the practical session
- iv) Text books and recipes may be used during the planning session as reference materials
- v) You are allowed not to bring additional notes to the practical session

This paper consists of 2 printed pages. Candidates should check the question paper to ensure that all pages are printed as indicated and no questions are missing.

THE TEST

Your best friend has promised to visit you for a lunch treat at your home during the holiday. Prepare ,cook and serve a one course meal to include a nutritious drink for her and you.

Ingredients:

Beef/Liver

Rice /Wheat flour/Potatoes

Cooking fat/oil

Salt

Spices e.g Royco/chilli/pepper/curry powder/pilau masala

Garlic

Hoho

Dhania

Carrots

Green leaf vegetables

Fruits in season

Write down in duplicates

PLANNING SESSION_30 Minutes

Use separate sheets of paper for each listed task listed below and a carbon paper to make duplicate copies then proceed as follows:-

- 1. Identify the dishes and write down their recipes
- 2. Write down your order of work
- 3. Make a list of the foodstuffs, equipments and materials you will require

INSTRUCTIONS

- 1. Identify the dishes and nutritious drink then write down their recipes
- 2. Write the order of work
- 3. Write the equipment and materials and the list of foodstuffs required